

Clap Your Hands

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READ

Before

- Read the book cover, point your child(ren) and say “Clap Your Hands.”
- Ask your child(ren): “Can you tell me what the friends are doing? Do they look like they are having fun? How do you know they are having fun?”

During

- As you read, model each movement, and encourage the child to try each.
- Talk about the different animals, the clothes, and the movements, or ask your child(ren) to find something on the page.
- Emphasize the rhyming words as you read.
- After reading the page, you may say, “Four rhymes with floor” or “Four rhymes with _____,” and let the child complete the sentence.

After

- After reading the book, recall the animals and the concepts for the book, such as position words, rhyming words, naming body parts, counting, feelings, etc.
- You may use, “Fly like an airplane high in the sky. It’s time to go now, so wave bye-bye ...” as the children depart a location, for example.



PLAY

Let's Learn Kentucky - Move Together

Physical movement doesn't just help children's bodies grow strong, but it also helps their brains, too! Studies show that physical movement can help boost children's interest, motivation, reading fluency, and math skills.

Animal Walk*

- Let's move like different animals! Ask your child, “Which animal do you want to move like first?”
- You might hop like bunnies, stomp like dinosaurs, or even slither like snakes. What movements can your child recall?
- Continue trying different animal movements. Which did your child like best? Which movements were harder?

Make It Easier

Start with movements you already know your child can do in order to build their confidence. Let them lead the way in deciding what movements to try next.

Extend the Learning

Take turns playing “follow the leader” and mimic each other's movements. Or play charades and try to guess which animals you are!



Find More Ways to Play

Let's Learn Kentucky
[Move Together](#)



Governor's Office of
Early Childhood
[Kentucky Family Guides](#)



ENROLL

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age-appropriate book
once per month.



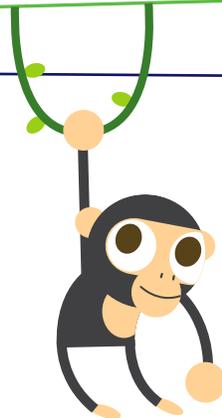
SHARE

Get your groove on —
do the dance moves
on these cards!

[Sesame Street –
Movement Squares](#)



*Animal Walk is shared from the Family Guides, a
companion to the Kentucky Early Childhood Standards,
housed in the Governor's Office of Early Childhood.



EXPLORE

Move and dance with
Dot & Friends

[PBS KIDS: Get Moving! |
Animal Adventure](#)

