

Oh No, Gotta Go!

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READ

Before

- Read the book title and discuss family car rides.
- Ask your child(ren), “How do you think this little girl feels and why?”
- Introduce the Spanish vocabulary word “un baño.”
- Discuss locations where your child(ren) has used the bathroom outside of the home.
- Prior to reading say, “Let’s read the book to find out where the little girl will find “un baño.”

During

- As you read the story, discuss the direction, number, and color words.
- Say, “Tell me how you would feel if you saw that long bathroom line.”
- Ask your child(ren) to listen to Dad’s big surprise after she uses the bathroom (baño).

After

- After reading, review the book by discussing the importance of using the bathroom before leaving home.
- Review the places in the city and the directions the family followed to find the restaurant and the meal.

PLAY

Let’s Learn Kentucky - Connect Together

Early relationships are the building blocks for healthy growth and development. Building daily habits of connection, learning about emotions, and cooperating with others will help your child develop healthy habits for daily life.

What Will We Do Today?*

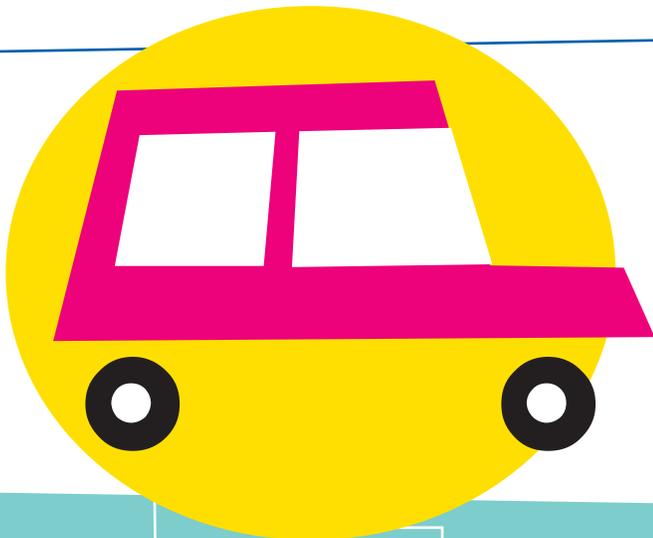
- Think of a three-step routine your family can do each day. You can start with bedtime or when you wake up in the morning. Choose three things you want to do with your child each time you practice this routine.
- Sit down with your child and tell them you will practice a routine today. Say, “First we will...” Then, “Next we will...” Finally, “Last we will...” Show your child what you will do during each step. You might choose to get dressed, eat breakfast, and read a book together in the morning.
- Make a goal to practice your three steps every day for a week. Your child will start to remember each step and will get excited with you.

Make It Easier

Your family can make a routine with one or two steps to start. At bedtime, your routine might be to read a book and sing a song before going to sleep.

Extend the Learning

Ask your child if they can remember the steps, you do each day. Once they have learned all the steps, you can add new ones to help your child become more independent.



Find More Ways to Play

Let's Learn Kentucky
[Connect Together](#)



Governor's Office of Early Childhood
[Kentucky Family Guides](#)



ENROLL

Enroll your child in [Dolly Parton's Imagination Library](#) and receive a FREE, age-appropriate book once per month.



SHARE

There's a lot of hard work involved in learning to use the toilet. Children learn to control their muscles, to hold on or let go at just the right time.

Learn more from PBS Parents: [Helping Kids to Learn to Use the Potty](#)



EXPLORE

Daniel and his friends learn that it's important to stop playing and go to the bathroom when you need to! [When You Have to Go Potty, Stop and Go Right Away \(Song\)](#)



*What Will We Do Today? is shared from the Family Guides, a companion to the Kentucky Early Childhood Standards, housed in the Governor's Office of Early Childhood.